

Minnesota Whitewater Rafting guides have decades of experience. As a family-run operation we are proud of our second generation of river guides.

All of our guides want you to experience the same thrill and excitement they feel on the river. We know that an unanticipated event can change a person's view of their whitewater rafting experience. We respect the river's power and nature's will and we understand there are many variables which change each time we go down the river. We continually train ourselves and our guides keeping in mind that every trip is a new and unique rafting adventure.



Minnesota Whitewater Rafting Options:

- Whitewater Rafting
- Float Trip (we row)
- Rent a Raft Float Trip
- Fishing Tour (we row)



MINNESOTA WHITewater RAFTING

Focused approach to rafting safety:



Safety starts with our equipment, our management, & our guides and ends with you. At Minnesota Whitewater Rafting we want you to SEE, FEEL, & RIDE the river as safely as possible. Everything we do, from gear to training, is designed with your safety in mind.



MINNESOTA WHITEWATER RAFTING

YOUR SAFETY IS ALWAYS FIRST

Minnesota Whitewater Rafting guides earn annual training & certifications in:

- a) Swiftwater Rescue;
- b) AHA First Aid;
- c) AHA Basic Life Support / CPR;
- d) Wilderness Inquiry Water Safety (Life Guard)

At Minnesota Whitewater Rafting we continually train on river routes, team work, and overall skill improvements.

Minnesota Whitewater Rafting owners and guides are also past and current National Ski Patrol Outdoor Emergency Care Instructors, American Heart Association BLS/ACLS Instructors, and American Canoe Association Whitewater Canoe Instructors. All training is provided by outside instructors certified in their field. Our team is always looking for the best way to manage risk while providing you with an unforgettable experience.

**SEE THE RIVER
FEEL THE RIVER
RIDE THE RIVER**

BOOK YOUR TRIP TODAY

www.MinnesotaWhitewater.com

218 522-4446

Gear selection:

Minnesota Whitewater Rafting is the only area rafting outfit using US Coast Guard and MN DNR recommended high floating commercial Personal Flotation Devices (PFDs) for guests. These PFDs keep your head higher above the water so you can breathe easier as you go through waves while allowing our guides to see you better. These PFDs are designed to roll you upright even if you were ever unconscious.

Our rafts are the best on the market. We have 3 sizes to allow for the correct ride on the different water levels through our stretch of the St. Louis River. We also limit group sizes to allow adequate guide & safety boat coverage.

Minnesota Whitewater Rafting is also unique in that we provide wet suits during the colder spring and fall months at no charge. Hypothermia is a very real possibility at these times of year, for this reason we take your insulation while on water very seriously. Wearing the wrong type of clothing, like just a nylon shell or windbreaker, may not be enough to safely retain your body heat. We also carry chemical heat packs and survival blankets should they become necessary.

Minnesota Whitewater Rafting is also unique in providing proper footwear should our guests forget to wear or bring their own. These "river shoes" are provided free because flip-flops or shower shoes are simply not safe enough for this experience nor this environment.

Communication:

Minnesota Whitewater Rafting guides carry a cell phone on every trip. We have developed procedures to limit the need for calls but the option is there in times of changing conditions or to exchange information with our base staff.

Training:

Minnesota Whitewater Rafting has a firm belief that good practice and training are keys to success. We pay for our guides to be annually trained by a Swiftwater Rescue Instructor in the classroom and in the water. We also pay for CPR, First Aid, and LifeGuard certifications. We believe that this, along with raft refresher training at varying times of the year and flow levels, keeps our guides' skills at their best. Great guides make for great (and safe) experiences!!